

MONTHLY NEWSLETTER

August 2021 Issue 4
www.parallelsportscoaching.uk

SUMMER 2021

It's been a very busy Summer for Parallel Sports Coaching!

Despite the erratic weather, we have had the most amazing Summer, entertaining children at both our Holiday Camps - Little Market School Club, Romford, and Hilltop Junior School, Wickford. Our programme of activities ensured that the fun really didn't stop!

Mr J spent two weeks at the YMCA in Walthamstow, providing enhanced basketball training for 14 - 16 year olds and beginner training for 11 - 14 year olds. Some great new skills and improved skills were learned by those attending.

We have also continued to support our nurseries and run our Saturday morning football!

As the new term begins, we look forward to welcoming back the children and families to all the pre-schools, nurseries, schools and colleges we work with and meeting the new intake. We wish everyone a very successful and hopefully uninterrupted, year ahead.

Nursery & Pre-school News

This September, our wonderful nursery and pre-school children will be enjoying activities linked to football skills. All sessions are planned to suit the children's ages and abilities and led by a qualified, professional coach. We hope they all enjoy the fun!

UPCOMING EVENTS:

YMCA 29 RUSH GREEN RD,
ROMFORD RM7 0PH
SATURDAY MORNING FOOTBALL -
2.5 - 3.5 YEARS 8:35 - 9:05
3.5 - 5 YEARS 9:15 - 9:55
FOR ANYONE INTERESTED IN
JOINING, PLEASE HEAD OVER TO
OUR WEBSITE FOR MORE DETAILS.
THE FIRST SESSION IS FREE!!

HILLTOP JUNIOR SCHOOL
WICKFORD
HOLIDAY CAMP
18TH TO 29TH OCTOBER
CONTACT THE SCHOOL
ON 01268 - 734649

LITTLE MARKET SCHOOL CLUB
ROMFORD
HOLIDAY CAMP
25TH TO 29TH OCTOBER
CONTACT THE NURSERY
ON 07495 190473 OR
01708 729186

YMCA - WALTHAMSTOW
ENHANCED BASKETBALL &
BEGINNER TRAINING
25TH TO 29TH OCTOBER
CONTACT US FOR DETAILS
VIA OUR EMAIL
INFO@PARALLELSPORTSCOACHING
.CO.UK FOR DETAILS OR CALL US
ON 07860643254 OR 07949244904

Find us on





SATURDAY MORNING FOOTBALL NEWS

We are delighted to announce that our Saturday morning football sessions are moving to the YMCA 29 Rush Green Rd, Romford RM7 0PH. No matter what the weather throws at us, we can now enjoy teaching your wonderful children some great football skills and games indoors.

Our new times are:

2.5 – 3.5 years 8:35 – 9:05

3.5 – 5 years 9:15 – 9:55

The cost is £18.50 per month payable in advance.

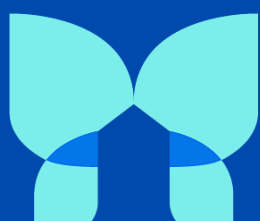
For anyone interested in joining, please head over to our website for more details. The first session is FREE!!

CHARITY NEWS!

We will be announcing our Havens Christmas Charity event in the coming months. We hope that our lovely families and children will support us in raising funds for this very worthy cause.

Earlier this year we took part in the Challenge 46 event. We all planned sporting activities around the number 46. This included 46 throw downs by our Judo specialist Miss Oatham; we got the children at our nurseries, pre-schools and infant schools to complete 46 star jumps; our junior schools completed 46 laps of the playground. At Saturday morning football, Mr K had to score 46 goals which he did in style!! It was great fun and lovely to see the children, parents and staff so enthusiastic to join in and encourage us.

Our last event was a great success raising over £650 but we hope we can raise a bit more next time! Keep your eyes peeled for further details!!



In aid of

Little
Havens

Goodbye (for now)

We would like to take this opportunity to say a temporary goodbye to Miss Oatham as she heads off to University this September to study Sport Therapy. Miss O has played a huge part in our success over the last year, she is a very positive, conscientious and committed young lady and will be sorely missed by all her colleagues and the children. We are delighted to say, however, that Miss O has agreed to come back for the holiday camps whenever she can and we can't wait to see her there! Thank you for all you have done for Parallel Sports and the children Ellie!! Good luck at University!

Good Luck Ellie!

And Welcome!!

We would also like to take this opportunity to welcome Mr Deda who joined us in August. Mr D studied and completed his Sports Coaching Level 3 at Redbridge College and has a passion for football and table tennis. He has already had a huge impact on our Saturday morning football sessions and has been a great asset at our Summer Camps. We look forward to a great year ahead and wish you every success in your new role!



**DON'T FORGET..
PARALLEL SPORTS PARTIES**



Please check out our website for details of our fabulous sports parties We have packages to suit every budget and age.

Summer Holiday Fun!

We have had the most amazing Summer, entertaining children at both Holiday Camps - Little Market School Club, Romford, and Hilltop Junior School, Wickford. Our programme of activities ensured that the fun really didn't stop!

Although the weather wasn't always as conducive as we would have wished, the children were full of enthusiasm and energy, taking part in every sporting and craft activity planned. From Yoga to Football, we have covered it all! Our craft sessions have included rainbows, kites, paper aeroplanes and even snapping crocodiles for our Pirate & Princess party!

The children's behaviour, sportsmanship and kindness to one another was truly inspiring. We would like to thank all the parents who allowed us to share these wonderful days with their children. We hope that they all enjoyed themselves as much as we did and look forward to October Half Term when we will be doing it all over again! Hope to see you there!

Here's just a few of our wonderful memories of this Summer, we hope you like them.



Ellie Oatham

In the hot seat!

Each month we will be putting one of our sports coaches in the hot seat and asking them questions about their sport, beliefs, likes and dislikes! Feel free to send any questions you would like answered to our email address!

What are three reasons you like being part of a team sport? I like the support network, making friends and motivating each other.

What is the best part about competing? The feeling when you succeed as you've been working so hard for that moment and knowing you've made people proud.

How do your teammates make practice fun? We turn training into a game such as, who can perform the most throws in a session or who can successfully use the techniques we've been learning in randori first.

What is your favourite sport quote? In Judo you learn to pick yourself up no matter how hard you fall!

What emotions do you feel when you play well? I feel very proud and happy!

Who do you wish was watching you perform at every game or match? I wish my cousin and uncle were there to watch me.

What is your favourite song to listen to prior to competing? Protectors of the Earth by Two Steps from Hell as it was playing in the background on the first Judo video my dad showed me.

Who is your favourite sports hero? Kayla Harrison, she's a double Olympic champion in Judo and is currently undefeated in MMA.

